

शासकीय लघु उद्योग विकास महामंडळ
GOVERNMENT SMALL INDUSTRIES DEVELOPMENT CORPORATION

ADMISSION OPEN

Yoga & Wellness

योग एवं स्वास्थ्य · Course Brochure

Yoga therapy, yogic science, naturopathy, Panchakarma, fitness instruction and traditional martial arts – for a career in wellness, fitness and holistic health.

32	19 + 13	5th Pass	₹1,000
Courses	Certificate + Diploma	Minimum eligibility	Registration fee from

- Quality practical training
- Well-trained faculty
- Communication skills
- Placement training & assistance
- Durations: 3 Months, 1 Year, 2 Years
- GSIDC certificate on passing

POPULAR COURSES

- Certificate in Yoga Therapy
- Diploma in Yoga Psychology
- Certificate in Kalaripayattu
- Certificate in Kids Yoga Teacher Training
- Certificate in Kobudo
- Certificate in Yoga Psychology
- Diploma in Kalaripayattu
- Certificate in Gym / Fitness Instruction





Career opportunities

- Yoga Instructor / Therapist
- Fitness Trainer
- Naturopathy Assistant
- Panchakarma Therapist
- Wellness Centre Coach
- Life Guard

Good to know

- Courses are run through GSIDC-affiliated Study Centres.
- The fee shown is the **registration fee**; course fee as per the Study Centre (see gsidc.org.in → Fee Structure).
- Examination, result & certificate as per GSIDC rules.

3 Months – Certificate Courses

8 courses

CODE	COURSE	ELIGIBILITY	DURATION	REGN. FEE
YOG-1134	Certificate in Yoga Therapy	5th Pass	3 Months	₹1,000
YOG-1135	Certificate in Yoga Psychology	5th Pass	3 Months	₹1,000
YOG-1136	Certificate in Kids Yoga Teacher Training	5th Pass	3 Months	₹1,000
YOG-1137	Certificate in Yogic Science	5th Pass	3 Months	₹1,000
YOG-1138	Certificate in Yoga	5th Pass	3 Months	₹1,000
YOG-1139	Certificate in Tai Chi	5th Pass	3 Months	₹1,000
YOG-1140	Certificate in Health Literacy	5th Pass	3 Months	₹1,000
YOG-1141	Certificate in Aerobic Instructor	5th Pass	3 Months	₹1,000

1 Year Courses

12 courses

CODE	COURSE	ELIGIBILITY	DURATION	REGN. FEE
YOG-1142	Certificate in Kobudo	8th Pass	1 Year	₹1,750
YOG-1143	Certificate in Kalaripayattu	8th Pass	1 Year	₹1,750
YOG-1144	Certificate in Gym / Fitness Instruction	8th Pass	1 Year	₹1,750
YOG-1145	Certificate in Yoga Therapy	8th Pass	1 Year	₹1,750
YOG-1146	Certificate in Yoga Education / Yogic Studies	8th Pass	1 Year	₹1,750
YOG-1147	Certificate in Yoga and Naturopathy Science	8th Pass	1 Year	₹1,750
YOG-1148	Certificate in Yoga and Child Care Development	8th Pass	1 Year	₹1,750
YOG-1149	Certificate in Yoga for Human Excellence	8th Pass	1 Year	₹1,750
YOG-1150	Certificate in Panchakarma Therapy	8th Pass	1 Year	₹1,750
YOG-1151	Certificate in Life Guard Training	8th Pass	1 Year	₹1,750
YOG-1152	Certificate in Psychoanalysis and Delta Healing	8th Pass	1 Year	₹1,750
YOG-1361	Diploma in Physical Fitness Training	8th Pass	1 Year	₹1,750

2 Years – Diploma Courses

12 courses

CODE	COURSE	ELIGIBILITY	DURATION	REGN. FEE
YOG-1153	Diploma in Yoga Psychology	10th Pass	2 Years	₹2,000
YOG-1154	Diploma in Kalaripayattu	10th Pass	2 Years	₹2,000
YOG-1155	Diploma in Gym / Fitness Instruction	10th Pass	2 Years	₹2,000
YOG-1156	Diploma in Yoga Therapy	10th Pass	2 Years	₹2,000
YOG-1157	Diploma in Yoga Education / Yogic Studies	10th Pass	2 Years	₹2,000
YOG-1158	Diploma in Yoga and Naturopathy Science	10th Pass	2 Years	₹2,000
YOG-1159	Diploma in Yoga and Child Care Development	10th Pass	2 Years	₹2,000
YOG-1160	Diploma in Yoga for Human Excellence	10th Pass	2 Years	₹2,000
YOG-1161	Diploma in Panchakarma Therapy	10th Pass	2 Years	₹2,000
YOG-1162	Diploma in Life Guard Training	10th Pass	2 Years	₹2,000
YOG-1163	Diploma in Psychoanalysis and Delta Healing	10th Pass	2 Years	₹2,000
YOG-1164	Diploma in Yoga	10th Pass	2 Years	₹2,000

New courses invited: Proposals for new courses with a new syllabus are welcome. Kindly consult Government Small Industries Development Corporation with your proposal.

Choose a course
From the list above

Find a centre
gsidc.org.in → Find Centers

Apply
Fill the admission form

Learn & certify
Exam & GSIDC certificate

Admissions open – start your career

Contact your nearest GSIDC Study Centre or the Corporation.

Toll Free 1800-889-1134

info@gsidc.org.in

www.gsidc.org.in

Zingabai Takli, Godhani Road, Nagpur – 440011

Admission Form

Find a Centre